

Announcements

- **Welcome Guests and Visitors.** We are delighted to have you join us at our service today in worshipping the Holy Trinity. You are cordially invited to join us for the fellowship luncheon after the service. We would love to greet you and answer any questions.
- **Thank you and a warm welcome** to Fr. Nicholas Cragle who is presiding at the divine services this weekend. Fr. Nicholas has been visiting and serving here in the Bay Area this month; he is finishing his studies abroad before, God willing, returning to the USA soon.
- **Fr. Kirill** is serving in Montana this weekend and undertaking other visits on behalf of the Archbishop in his role as Chancellor of the Diocese of the West. He'll be back in town on Monday.
- **Looking Ahead.** On August 6, we celebrate a Great Feast of the Church: the Transfiguration of our Lord and God and Savior, Jesus Christ. This commemorates the events described by the Evangelists Matthew (17:1-13) and Luke (9:28-36). His bright transfiguration on Mount Tabor assured these witnesses that Jesus Christ, the Son of God, is truly His Father's radiance, the Deliverer Who freely, out of His love for us, ransomed our terrible debt of sin with His most pure blood. Very conveniently and beautifully for us this year, the Feast of the Holy Transfiguration is on a Sunday, so all of us should be able to experience the festal vigil on August 5 at 6pm and the Sunday festal liturgy with the customary blessing of grapes and apples.

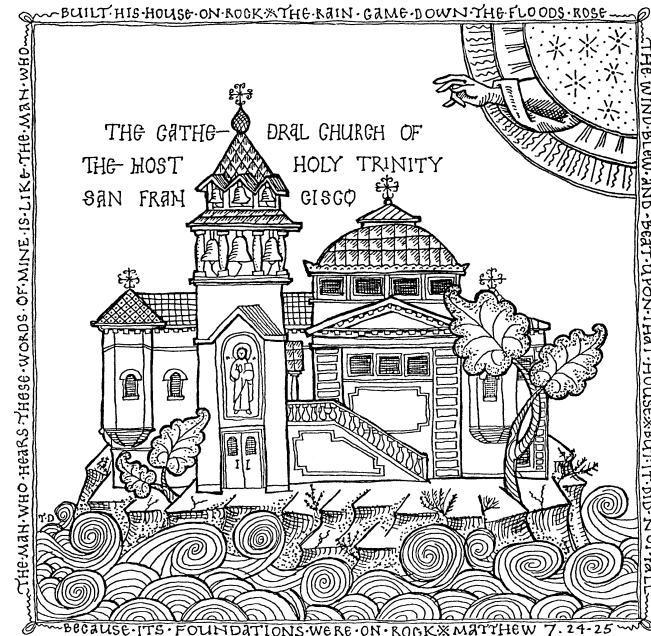
This Week at Holy Trinity

- Mon. Aug. 31:** Teen Gathering (see separate e-mail)
- Tue. Aug. 1:** **Beginning of the Dormition Fast**
- Wed. Aug. 2:** 6:00 pm Vespers
- Sat. Aug. 5:** **Forefeast of the Transfiguration**
5:30 pm Panikhida for Fr. George Benigsen (and others)
6:00 pm Festal Vigil
Parking available this evening at St. Brigid's
- Sun. Aug. 6:** **Transfiguration of our Lord God and Savior Jesus Christ**
9:30 am Divine Liturgy followed by Fellowship Hour
Parking available Sunday morning at St. Brigid's

Contact Fr. Kirill

Question? Want to talk? Or be on our email list?
FrKirill@holy-trinity.org • 415-673-8565

Holy Trinity Cathedral



Sunday, July 30, 2023

Most Reverend Benjamin,
Archbishop of San Francisco and the West

Very Reverend Dr. Kirill Sokolov, Dean

1520 Green Street
San Francisco, California
holy-trinity.org

Orthodox Church in America
Diocese of the West

We are delighted to be together with you in worshipping the Holy Trinity.
Welcome!

Today's Epistle

1 Corinthians 1:10-18

Today's Gospel

Matthew 14:14-22

8th Sunday after Pentecost.

Apostles Silas and Silvanus of

the Seventy

Tone 7.

Today's Epistle

1 Corinthians 1:10-18

Brethren, I beseech you, by the name of our Lord Jesus Christ, that you all say the same thing and that there be no dissensions among you, but that you be perfectly united in one mind and in one judgment. For it has been reported to me by those of the house of Chloe that there are strifes among you. What I mean is that each one of you says, "I am for Paul," or "I am for Apollos," or "I am for Cephas," or "I am for Christ." Is Christ divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you but Crispus and Gaius, lest anyone should say that you were baptized in my name. I baptized also the household of Stephanas. Beyond that, I am not aware of having baptized anyone else. For Christ sent me not to baptize, but to preach the Gospel, and not with eloquent wisdom, lest the Cross of Christ be emptied of its power.

For the doctrine of the Cross is foolishness to those who are perishing; but to us who have been saved it is the power of God.

Today's Gospel

Matthew 14:14-22

At that time: when Jesus went out He saw a great multitude; and He was moved with compassion for them, and healed their sick. When it was evening, His disciples came to Him, saying, "This is a deserted place, and the hour is already late. Send the multitudes away, that they may go into the villages and buy themselves food."

But Jesus said to them, "They do not need to go away. You give them something to eat."

And they said to Him, "We have here only five loaves and two fish."

He said, "Bring them here to Me." Then He commanded the multitudes to sit down on the grass. And He took the five loaves and the two fish, and looking up to heaven, He blessed and broke and gave the loaves to the disciples; and the disciples gave to the multitudes. So they all ate and were filled, and they took up twelve baskets full of the fragments that remained. Now those who had eaten were about five thousand men, besides women and children.

Immediately Jesus made His disciples get into the boat and go before Him to the other side, while He sent the multitudes away.

The Dormition Fast: August 1-15

In August, the Church celebrates the end of the earthly life of the Theotokos, Mary, her death, known as her Falling Asleep or Dormition, a word in which dream, blessedness, peace, calm, and joy are all united. As we anticipate, taste, and delight even now in the dawn of the mystical and never-ending Day that the Theotokos' Son opened for us, the Church calls us to fast from August 1 until the Feast on August 15.

There is a tendency to either explain away the fast and reduce it to "giving something up", or to reduce it to a set of dietary laws that we follow in order to earn God's favor. According to Fr. Alexander Schmemmann:

Fasting is our entrance and participation in that experience of Christ Himself by which He liberates us from total dependence on food, matter, and the world. By no means is our liberation a full one. Living in the fallen world, in the world of the Old Adam, being part of it, we still depend on food. But just as our death-through which we still must pass-has become by virtue of Christ's death a passage into life, the food we eat and the life it sustains can be life in God and for God. Part of our food has already become "food of immortality"- the body and blood of Christ Himself. But even the daily bread we receive from God can be in this life and in this world that which strengthens us, our communion with God, rather than which separates us from God. Yet it is only fasting that can perform that transformation, giving us the existential proof that our dependence on food and matter is not total, not absolute, that united to prayer, grace, and adoration, it can itself be spiritual.

God grant us the strength to fast and grant us the transfigured vision of life as communion with the one thing needful - which is Christ Himself.



Many Years!

Anniversary of Ordination

Fr. James Jorgenson (Aug 3)

Wedding Anniversary

David Ritsher & Doina Gobera

Nameday:

Archbishop BENJAMIN (Jul 31)

Vitesse Josephine Disney (Jul 31)

Birthday:

Strong Claire (Photini) Sims (Jul 30)

Tasia Gaudreau (Jul 31)

Paul Gutzalenko (Aug 2)

Thank You

Welcome guests and visitors! Please join us for coffee and lunch after the Divine Liturgy.

Thanks to all those who contributed to this Sunday's potluck.